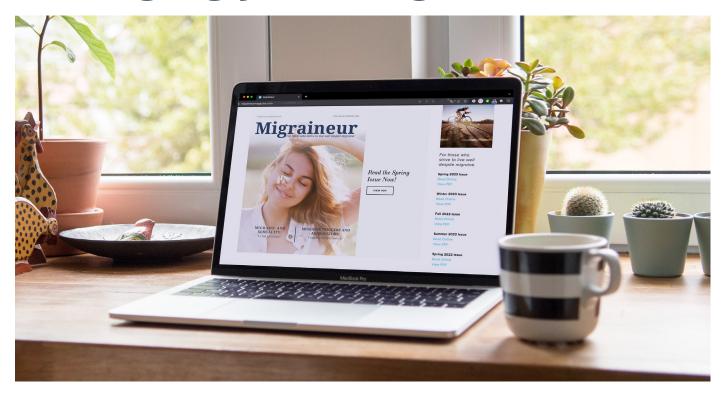
## Find yourself in the dark when it comes to understanding and managing your migraine?



## The solution: Migraineur Magazine

**Migraineur Magzine** is dedicated to providing valuable resources and information for those living with migraines. From expert articles on the latest research and treatments to personal stories from fellow migraineurs, our content is tailored to help you better understand and manage your condition.

Learn more about managing your symptoms and finding relief. Go to: **MigraineurMagazine.com** and subscribe to our website (it's **free**!) and we'll send you email notifications whenever a new issue is released. To subscribe, simply click on the appropriate button on our homepage.

Don't let migraines control your life any longer. Visit Migraineur Magazine today and start your journey towards a happier, healthier you.



Managing editor: Diane Rothrock edoffice@migraineurmagazine.com

## **Issues/Selected Topics:**

**Winter 2016** issue: migraine triggers, Botox for treatment of migraine, birth control pill use and migraine

**Fall 2017** issue: "Migraine 101" (migraine: its definition, biologic cause and treatment)

**Spring 2018** issue: chronic migraine, sex and migraine, aura

**Summer 2018** issue: cluster headache, weather as a migraine trigger



**Spring 2019** issue: the 4 phases of migraine

**Winter 2020** issue: the revolution in migraine treatment, Nerivio device

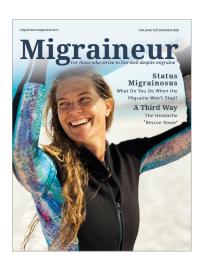
**Spring 2020** issue: occipital nerve blocks, Nurtec for acute migraine Rx, vestibular migraine

**Fall 2020** issue: medication overuse headache, concussion and post-traumatic headache, Ubrelvy



Winter 2021 issue: MRI "incidentalomas", "UBOs", "The End of Migraines", injectable sumatriptan for headache "rescue"

**Spring 2021** issue: migraine stroke and birth control



**Summer 2021** issue: what to do when migraine won't stop: status migrainosus, Nurtec as "hybrid" therapy, the disorders that cause chronic daily headache, Reyvow

**Fall 2021** issue: review of the new migraine therapies, Botox

Winter 2022 issue: Qulipta, migraine myths

**Spring 2022** issue: non-pharmacologic therapy for migraine

**Summer 2022** issue: monotherapy vs polytherapy for migraine prevention; Depakote for migraine prevention; the migraine supply/demand problem

Fall 2022 issue: matching acute Rx to headache intensity, migraine and pregnancy, Rxs: a root, an infusion, a nasal spray



**Winter 2023** issue: introduction to migraine, the anti-CGRP mabs

**Spring 2023** issue: migraine triggers and aggravators, menstrual migraine, migraine and sexuality, Zavzpret

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