

**Nurtec**<sup>®</sup> ODT  
(rimegepant)  
orally disintegrating tablets 75 mg

THE  
**ONLY MEDICATION  
PROVEN TO**

**TREAT &  
PREVENT  
MIGRAINES**

**Nurtec ODT can:**

**TREAT  
MIGRAINE ATTACKS**

Take Nurtec ODT as soon as a migraine strikes to help stop pain and other symptoms.\*

**PREVENT  
MIGRAINES**

Take Nurtec ODT every other day to get ahead of migraines and known triggers.

**Ask your doctor about Nurtec ODT**

& learn how you can get savings and support at [nurtec.com/savings](https://www.nurtec.com/savings)

\*Light sensitivity, sound sensitivity, or nausea.



**Ellie W**  
Actual Nurtec ODT patient

**IMPORTANT SAFETY INFORMATION**

**Do not take Nurtec ODT** if you are allergic to Nurtec ODT (rimegepant) or any of its ingredients.

**Before you take Nurtec ODT, tell your healthcare provider (HCP) about all your medical conditions, including if you:**

- have liver problems,
- have kidney problems,
- are pregnant or plan to become pregnant,
- are breastfeeding or plan to breastfeed.

**Tell your HCP about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Nurtec ODT may cause serious side effects including allergic reactions, including trouble breathing and rash. This can happen days after you take Nurtec ODT. Call your HCP or get emergency help right away if you have swelling of the face, mouth, tongue, or throat or trouble breathing. This occurred in less than 1% of patients treated with Nurtec ODT.

**The most common side effects of Nurtec ODT** were nausea (2.7%) and stomach pain/indigestion (2.4%). These are not the only possible side effects of Nurtec ODT. Tell your HCP if you have any side effects.

**WHAT IS NURTEC ODT?**

Nurtec ODT orally disintegrating tablets is a prescription medicine that is used to treat migraine in adults. It is for the acute treatment of migraine attacks with or without aura and the preventive treatment of episodic migraine. It is not known if Nurtec ODT is safe and effective in children.

**You are encouraged to report side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](https://www.fda.gov/medwatch) or call 1-800-FDA-1088 or report side effects to Biohaven at 1-833-4Nurtec.**

**Please see a Brief Summary of the Prescribing Information on the following page.**

## BRIEF SUMMARY OF PRESCRIBING INFORMATION

(For complete product information, see Full Prescribing Information.)

**NURTEC® ODT (rimegepant) orally disintegrating tablets 75 mg, for sublingual or oral use**

### 1 INDICATIONS AND USAGE

#### 1.1 Acute Treatment of Migraine

NURTEC ODT is indicated for the acute treatment of migraine with or without aura in adults.

#### 1.2 Preventive Treatment of Migraine

NURTEC ODT is indicated for the preventive treatment of episodic migraine in adults.

### 2 DOSAGE AND ADMINISTRATION

#### 2.1 Recommended Dosing for Acute Treatment of Migraine

The recommended dose of NURTEC ODT is 75 mg taken orally, as needed.

The maximum dose in a 24-hour period is 75 mg. The safety of using more than 18 doses in a 30-day period has not been established.

#### 2.2 Recommended Dosing for Preventive Treatment of Episodic Migraine

The recommended dosage of NURTEC ODT is 75 mg taken orally every other day.

### 4 CONTRAINDICATIONS

NURTEC ODT is contraindicated in patients with a history of hypersensitivity reaction to rimegepant, NURTEC ODT, or any of its components. Delayed serious hypersensitivity has occurred [see *Warnings and Precautions* (5.1)].

### 5 WARNING AND PRECAUTIONS

#### 5.1 Hypersensitivity Reactions

Hypersensitivity reactions, including dyspnea and rash, have occurred with NURTEC ODT in clinical studies. Hypersensitivity reactions can occur days after administration, and delayed serious hypersensitivity has occurred. If a hypersensitivity reaction occurs, discontinue NURTEC ODT and initiate appropriate therapy [see *Contraindications* (4)].

### 6 ADVERSE REACTIONS

The following clinically significant adverse reactions are discussed in greater detail in other sections of the labeling:

- Hypersensitivity Reactions [see *Warnings and Precautions* (5.1)]

#### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

##### Acute Treatment of Migraine

The safety of NURTEC ODT for the acute treatment of migraine in adults has been evaluated in a randomized, double-blind, placebo-controlled trial (Study 1) in 682 patients with migraine who received one 75 mg dose of NURTEC ODT [see *Clinical Studies* (14)]. Approximately 85% were female, 74% were White, 21% were Black, and 17% were Hispanic or Latino. The mean age at study entry was 40 years (range 18-75 years of age).

Long-term safety was assessed in an open-label extension study using a different oral dosage form of rimegepant. That study evaluated 1,798 patients, dosing intermittently for up to 1-year, including 1,131 patients who were exposed to rimegepant 75 mg for at least 6 months, and 863 who were exposed for at least one year, all of whom treated an average of at least two migraine attacks per month.

The most common adverse reaction in Study 1 was nausea (2% in patients who received NURTEC ODT compared to 0.4% of patients who received placebo).

Hypersensitivity, including dyspnea and severe rash, occurred in less than 1% of patients treated with NURTEC ODT [see *Contraindications* (4) and *Warnings and Precautions* (5.1)].

##### Preventive Treatment of Episodic Migraine

The safety of NURTEC ODT for the preventive treatment of episodic migraine in adults has been established in a randomized, double-blind, placebo-controlled trial with an open-label extension (Study 2) using a different oral dosage form of rimegepant [see *Clinical Studies* (14)]. In the 12-week, double-blind treatment period, 370 patients with migraine received one 75 mg dose of rimegepant every other day. Approximately 81% were female, 80% were White, 17% were Black, and 28% were Hispanic or Latino. The mean age at study entry was 41 years (range 18-74 years of age). Long-term safety was assessed in an open-label extension study that included 603 patients who were treated for up to one year. Overall, 527 patients were exposed to rimegepant 75 mg for at least 6 months, and 311 were exposed for at least one year.

The most common adverse reactions (occurring in at least 2% of rimegepant-treated patients and at a frequency of at least 1% higher than placebo) in Study 2 were nausea (2.7% in patients who received rimegepant compared with 0.8% of patients who received placebo) and abdominal pain/dyspepsia (2.4% in patients who received rimegepant compared with 0.8% of patients who received placebo).

### 7 DRUG INTERACTIONS

#### 7.1 CYP3A4 Inhibitors

Concomitant administration of NURTEC ODT with strong inhibitors of CYP3A4 results in a significant increase in rimegepant exposure. Avoid concomitant administration of NURTEC ODT with strong inhibitors of CYP3A4 [see *Clinical Pharmacology* (12.3)].

Concomitant administration of NURTEC ODT with moderate inhibitors of CYP3A4 may result in increased exposure of rimegepant. Avoid another dose of NURTEC ODT within 48 hours when it is concomitantly administered with moderate inhibitors of CYP3A4 [see *Clinical Pharmacology* (12.3)].

#### 7.2 CYP3A Inducers

Concomitant administration of NURTEC ODT with strong or moderate inducers of CYP3A can result in a significant reduction in rimegepant exposure, which may lead to loss of efficacy of NURTEC ODT. Avoid concomitant administration of NURTEC ODT with strong or moderate inducers of CYP3A [see *Clinical Pharmacology* (12.3)].

#### 7.3 P-gp Inhibitors

Concomitant administration of NURTEC ODT with potent inhibitors of P-gp (e.g., amiodarone, cyclosporine, loperamide, ranolazine) may result in increased exposure of rimegepant. Avoid another dose of NURTEC ODT within 48 hours when it is concomitantly administered with potent inhibitors of P-gp [see *Clinical Pharmacology* (12.3)].

### 8 USE IN SPECIFIC POPULATIONS

#### 8.1 Pregnancy

##### Pregnancy Exposure Registry

There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to NURTEC ODT during pregnancy. For more information, healthcare providers or patients are encouraged to contact: 1-877-366-0324, email [nurtecpregnancyregistry@ppd.com](mailto:nurtecpregnancyregistry@ppd.com), or visit [nurtecpregnancyregistry.com](http://nurtecpregnancyregistry.com).

##### Risk Summary

There are no adequate data on the developmental risk associated with the use of NURTEC ODT in pregnant women. In animal studies, oral administration of rimegepant during organogenesis resulted in adverse effects on development in rats (decreased fetal body weight and increased incidence of fetal variations) at exposures greater than those used clinically and which were associated with maternal toxicity. The evaluation of developmental effects following oral administration of rimegepant throughout pregnancy and lactation was inadequate (see Data).

In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2 to 4% and 15 to 20%, respectively. The estimated rate of major birth defects (2.2 to 2.9%) and miscarriage (17%) among deliveries to women with migraine are similar to rates reported in women without migraine.

##### Clinical Considerations

##### Disease-Associated Maternal and/or Embryo/Fetal Risk

Published data have suggested that women with migraine may be at increased risk of preeclampsia and gestational hypertension during pregnancy.

#### 8.2 Lactation

The transfer of rimegepant into breast milk is low (< 1%). The effect of rimegepant on a breastfeeding infant or on milk production is unknown. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for NURTEC ODT and any potential adverse effects on the breastfed infant from NURTEC ODT or from the underlying maternal condition.

#### 8.4 Pediatric Use

Safety and effectiveness in pediatric patients have not been established.

#### 8.5 Geriatric Use

In pharmacokinetic studies, no clinically significant pharmacokinetic differences were observed between elderly and younger subjects. Clinical studies of NURTEC ODT did not include sufficient numbers of patients aged 65 and over to determine whether they respond differently from younger patients.

#### 8.6 Hepatic Impairment

No dosage adjustment of NURTEC ODT is required in patients with mild (Child-Pugh A) or moderate (Child-Pugh B) hepatic impairment. Plasma concentrations of rimegepant were significantly higher in subjects with severe (Child-Pugh C) hepatic impairment. Avoid use of NURTEC ODT in patients with severe hepatic impairment [see *Clinical Pharmacology* (12.3)].

#### 8.7 Renal Impairment

No dosage adjustment of NURTEC ODT is required in patients with mild, moderate, or severe renal impairment. NURTEC ODT has not been studied in patients with end-stage renal disease and in patients on dialysis. Avoid use of NURTEC ODT in patients with end-stage renal disease (CL<sub>cr</sub> < 15 mL/min) [see *Clinical Pharmacology* (12.3)].

### 10 OVERDOSAGE

There is limited clinical experience with NURTEC ODT overdose. Treatment of an overdose of NURTEC ODT should consist of general supportive measures including monitoring of vital signs and observation of the clinical status of the patient. No specific antidote for the treatment of rimegepant overdose is available. Rimegepant is unlikely to be significantly removed by dialysis because of high serum protein binding [see *Clinical Pharmacology* (12.3)].

Manufactured for:

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# Migraine Tip of the Month

## *Assess and reduce your level of stress*

In this issue we have focused a fair amount of attention on how stress and migraine may interact. Emotional and physical stresses are potent triggers and aggravators of migraine, and stress reduction, however one goes about achieving it, can be extremely effective in reducing migraine burden.

Now consider the flipside. While migraine episodes or more prolonged exacerbations of migraine may occur without any obvious provocation and specifically in the absence of any obvious stress, migraine burden can serve as a fairly good barometer for determining how much stress exists in your life. This is not to take the term “barometer” too literally; changes in barometric

pressure often are cited by migraineurs as triggers for their migraine episodes, but treating your migraine effectively is not going to evoke a corresponding change in atmospheric pressure.

Instead, if you are experiencing an increase in your migraine burden, perhaps it's time to take a step back and look at how much stress is embedded in your day-to-day life. If your level of stress is high, try to determine what it is that may be contributing to your stress and, once identified, whether that contributing factor can be managed. While the option of divorcing your spouse, quitting your job and moving to the Canary Islands to enjoy the islands' allegedly perfect climate may

not be an especially practical alternative, there likely are changes you can make in your life that, while less dramatic, will still decrease your level of stress.

Are you setting aside enough time for yourself? Do you exercise regularly? Do you permit yourself an occasional treat such as a good massage, a pedicure, an evening away from the responsibilities of caring for your family to enjoy a night out with friends or simply relaxing on the couch to revisit Jon Stark's struggles on *Game of Thrones*?

Sometimes it's the small things that matter...that make such a difference. Give it a try. You have nothing to lose but your migraine burden. **17**

